The Thinking Path

Current State

I achieve/accomplish The outcome/ result is	Results	Results	I achieve/accomplish The outcome/ result is
I (verb) I do I say I behave like	Actions	Actions	I (verb) I do I say I behave like
I feel My emotions are My state of mind is	Feelings	Feelings	I feel My emotions are My state of mind is
My thinking is My beliefs/assumptions are My reasoning is	Thinking	Thinking	My thinking is My beliefs/assumptions are My reasoning is
	Caillet (2008), <i>The</i>	e Thinking Path	



Desired State